Updated: August 26, 2005



Books:

No libraries in your county have Arthritis Foundation books. Please see surrounding counties.

Rheumatologists:

There are no rheumatologists located in your county. Please see surrounding counties or rheumatologists located in Kansas City, **KANSAS**, St. Joseph, Kansas City Metro Area, **MISSOURI**.

Programs:

Arthritis Foundation Aquatic Program

The warm water exercise program offers improved joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

Currently, there are no Arthritis Foundation Aquatic Program classes in your county. Please see surrounding counties.

Arthritis Foundation Exercise Program

This program is a gentle land-based exercise class for increasing or maintaining joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

Heritage Center 111A Delaware Leavenworth, KS 66048 CONTACT: 913-684-0777

Support Groups:

There are no support groups located in your county. Please see surrounding counties.